

**CAROL E. BLIXEN, PhD, RN**

**PROFESSIONAL**

**GOAL**

To contribute to the public's health through research and teaching of the social, cultural and ethical dimensions of health care delivery, disease prevention and health policy

**EDUCATION**

- 1985 - 1989      Brandeis University, Waltham, MA  
The Heller School for Social Policy and Management  
Degree: PhD in Social Policy and Management
- 1978 - 1979      Boston College, Chestnut Hill, MA  
School of Nursing  
Degree: MSN
- 1974 - 1977      University of Massachusetts, Boston, MA  
School of Nursing  
Degree: BSN

**PROFESSIONAL EXPERIENCE**

- 2007-present      Senior Scholar, Center for Health Care Research & Policy  
Case Western Reserve/MetroHealth System  
Adjunct Associate Professor of Medicine  
Department of Medicine  
Case Western Reserve University  
Cleveland, OH
- 2004-2007      Associate Staff, Department of Quantitative Health Sciences  
Section of Health Outcomes Research and Clinical Epidemiology  
The Cleveland Clinic Foundation  
Associate Professor of Medicine  
Department of Medicine  
Cleveland Clinic Lerner College of Medicine of Case Western  
Reserve University, Cleveland, OH

**PROFESSIONAL EXPERIENCE (cont'd)**

- 2001-2004      Associate Director, Clinical Research Programs Development  
Associate Staff, Division of Clinical Research  
The Cleveland Clinic Foundation  
Cleveland, OH

2000-2001	Senior Researcher Department of General Internal Medicine The Cleveland Clinic Foundation
1997-2000	Senior Researcher Department of Nursing Research and Education The Cleveland Clinic Foundation
1996-1997	Associate Professor Frances Payne Bolton School of Nursing Case Western Reserve University Cleveland, OH
1991 - 1996	Assistant Professor Frances Payne Bolton School of Nursing Case Western Reserve University
1989 - 1991	Senior Research Associate Health Institute New England Medical Center, Boston, MA
1988 - 1990	Lecturer Institute of Health Professions Massachusetts General Hospital Boston, MA
1986 - 1988	NIMH Research Fellow The Heller School for Social Policy and Management Brandeis, University Waltham, MA
1985 - 1986	Psychiatric Clinical Nurse Specialist Consultation Liaison Service, Department of Psychiatry Rhode Island Hospital Providence, RI

**PROFESSIONAL EXPERIENCE (cont'd)**

1981 - 1985	Psychiatric Clinical Nurse Specialist Department of Nursing St. Elizabeth's Hospital Boston, MA
1979 - 1981	Group Psychotherapy Practice Attleboro, MA

1977 - 1979            Director  
Psychiatric Screening and Evaluation Program  
Medfield State Hospital  
Medfield, MA

### **ADJUNCT POSITIONS**

2006-present        Secondary appointment  
Center for Clinical Investigation  
CWRU School of Medicine  
Cleveland, OH

1997-present        Clinical Associate Professor of Nursing  
Frances Payne Bolton School of Nursing  
Case Western Reserve University  
Cleveland, OH

1999-2001            Adjunct Associate Professor  
Department of Nursing  
Cleveland State University  
Cleveland, OH

1997-1999            Adjunct Associate Professor  
College of Nursing  
Ohio State University  
Columbus, OH

1995-1998            Adjunct Research Scientist  
Department Biostatistics and Research Epidemiology  
Henry Ford Health System  
Detroit, MI

### **PUBLICATIONS IN PRINT**

**Blixen, C.**, Webster, N., Hund, A., Stoller, E., Kanuch, S., McCormick, R., & Dawson, N. (2008). Communication about alcohol consumption between non-dependent drinkers with hepatitis C (HCV) and their health-care providers. Journal of General Internal Medicine (JGIM) 23(3):242-2247.

**Blixen, C.**, Papp, K., Hull, A. , Rudick, R . & Bramstedt, K. (2007). Developing a mentorship program for clinical researchers. Journal of Continuing Education in the Health Professions. 27(2):22-29.

Stoller, E., Hund, A., Webster, N., **Blixen, C.**, Perzynski, A., McCormick, R., Kanuch, S & Dawson, N. (2006) Alcohol consumption within the context of heapatitis C: A qualitative study

of nondependent drinkers. Alcohol & Alcoholism 41(5):546-552.

**Blixen, C., Singh, A., Thacker, H.** (2006) Values and beliefs about obesity and weight reduction among African-American and Caucasian Women. Journal of Transcultural Nursing. (3):290-297.

**Blixen, C., Singh, A., Xu, M., Thacker, H., & Mascha, E.** (2006). What women want: understanding obesity and preferences for primary care weight reduction interventions among African American and Caucasian women. Journal of The National Medical Association. 98 (7):1160-1169

Batur, P., **Blixen, C.**, Moore, H., Thacker, H. & Meng, X. (2006) Menopausal hormone therapy (HT) in patients with breast cancer. Maturitas 53(2), 123-132.

Blixen CE. Osteoarthritis. In: Fitzpatrick JJ, Wallace M, eds. Encyclopedia of nursing research. 2nd ed. New York: Springer, 2006. p. 429-430.

Journal Interview, IRB Advisor, "Stroke patients' preferences and values about emergency research," December 2005, pp139-140

**Blixen, C. & Agich, G.** (2005) Stroke patients' preferences and values about emergency research. Journal of Medical Ethics (31), 608-611

**Blixen, C., Bramstedt, K., Hammel, J. & Tilley, B.** (2004) Health education via a nurse-run telephone self-management program for older adults with osteoarthritis: A pilot study. Journal of Telemedicine and Telecare. 10 (1), 44-49.

Copeland, L., Brzytwa, E., **Blixen, C.**, & Hewson, M. (2003) Managed care education for nurses: Practices and proposals. Nursing Economics. 21 (1), 24-30.

Hull, AL., **Blixen, CE.**, Doyle, W., Franco, K., Hall, G., Hutzler, J., & Myers, E. (2003) Mentor commitment predicts students' interest in medical research career. Journal of General Internal Medicine. 18 Supplement, p. 244.

Jin, X., Slomka, J., & **Blixen, C.** (2002). Cultural and clinical issues in the care of Asian patients. Cleveland Clinic Journal of Medicine. 69 (1), 50-61.

**Blixen, CE.**, Soadwa, P., Hull. AL. (2002). Clinical research mentor attributes and skills. Journal of General Internal Medicine. 17 Supplement, p. 240

**Blixen, C., Murphy, D., Ault, V., Hammel, J.** (2001). Feasibility of a nurse-run asthma education program for urban African Americans: A pilot study. Journal of Asthma 38 (1), 23-32.

Blixen, C. (2000). Osteoarthritis. In J.J. Fitzpatrick & T. Fulmer, (Editors), Geriatric Nursing Research Digest (pp. 284-286)

**Blixen, C., & Kippes, C.**(1999). Depression, social support, and quality of life in older adults with osteoarthritis. Image: Journal of Nursing Scholarship 31 (3), 221-226

**Blixen, C., Havstad, S., Tilley, B. & Zoratti, E.** (1999). A comparison of asthma-related health care use between African Americans and Caucasians belonging to a health maintenance organization (HMO). Journal of Asthma 36 (2), 197-206.

Blixen, C. (1998). An idea whose time has come. Trends in Nursing.[On-Line], 2 (6), Available: [Http://www.helix.com](http://www.helix.com).

Blixen, C. (1998). Osteoarthritis. In J.J. Fitzpatrick, (Editor), Encyclopedia of Nursing Research (pp. 405-407)

Keister, K. & **Blixen, C.** (1998). Quality of life and aging. Journal of Gerontological Nursing 24 (5), 22-28.

**Blixen, C., Tilley, B., Havstad, S., and Zoratti, E.** (1997) Quality of life, medication use, and healthcare utilization in urban African Americans with asthma treated in emergency departments. Nursing Research. 46 (6), 338-341.

McDougall, G., **Blixen, C., & Suen, L.** (1997). The process and outcome of life review psychotherapy with depressed homebound older adults. Nursing Research. 46 (5), 277-283.

**Blixen, C., McDougall, G. & Suen, L.** (1997). Dual diagnosis in elders discharged from a psychiatric hospital. International Journal of Geriatric Psychiatry. 12 (3), 307-313

Schwarz, K. & **Blixen, C.** (1997). Does home health care affect strain and depressive symptomatology of care givers of functionally impaired older adults? Journal of Community Health Nursing. 14 (1), 39-48.

Douglas, S., **Blixen, C. & Bartucci, M.** (1996). Relationship of pre-transplant noncompliance to post-transplant outcomes in renal transplant recipients. Journal of Transplant Coordination, 6(2), 53-58.

Montessoro, A. & **Blixen, C.** (1996). Public policy and adolescent pregnancy: A re-examination of the issues. Nursing Outlook, 44(31), 31-36.

Wilkinson, L. & **Blixen, C., Mallasch, N., & Douglas, S.** (1995). Use of specialty psychiatric outpatient clinics. Nursing Times, 91(17), 11-12.

Wilkinson, L., **Blixen, C., Mallasch, N., & Douglas, S.** (1995). Mental health problems in hospital based clinics: patient profile and referral patterns. Journal of the American Psychiatric Nurses Association, 1(5), 140-145.

**Blixen, C. & Douglas, S.** (1994). Clinical outcomes and the use of medical resources after kidney transplantation: A three year study. Journal of Transplant Coordination,(4):119-125.

Blixen, C. (1994). Differences in the use of hospital-based outpatient mental health services by the elderly. Image: Journal of Nursing Scholarship, 26(3), 195-200.

**Blixen, C., Wilkinson, L., & Schuring, L.** (1994). Depression in an elderly clinic population: Findings from an ambulatory care setting. Journal of Psychosocial Nursing and Mental Health Services, 32(6), 43-49.

**Blixen, C. & Wilkinson, L.** (1994). Assessing and managing depression in older adults: Implications for advanced practice nurses. The Nurse Practitioner: The American Journal of Primary Health Care. 19(7), 66-69.

Blixen, C. (1991). Research and Services on Alzheimer's Disease within the National Institutes of Health. Research and Service Programs in the PHS: Challenges in Organization. National Academy Press: Washington, D.C. 51-53.

**Blixen, C. & Lion, J.** (1991). Psychiatric visits to general clinics by elderly persons and younger adults. Hospital and Community Psychiatry, 42(2) 171-175.

Blixen, C. (1988). Mental health services to the elderly. Of Current Interest, Policy Center on Aging, Brandeis University, Waltham MA 9(1), 4-5.

### **MANUSCRIPTS IN PRESS**

Stoller, E., Webster, N., **Blixen, C.**, McCormick, R., Perzynski, A., Kanuch, S., Kercher., & Dawson, N. Lay management of disease: Living with hepatitis C (HCV) infection. American Journal of Health Behavior.

Stoller, E., Webster, N., **Blixen, C.**, McCormick, R., Hund, A., Perzynski, A., Kanuch, S., Kercher., Thomas, C., Kercher, K. & Dawson, N. Alcohol consumption decisions among nonabusing drinkers diagnosed with Hepatitis C.: An exploratory sequential mixed methods study. Journal of Mixed Methods Research.

### **MANUSCRIPTS IN PROCESS**

**Blixen, C., Webster, N., Stoller, E., Perzynski, A., Kanuch, S., McCormick, R. & Dawson, N.** Use of complimentary and alternative medicine (CAM) for hepatitis C (HCV): Patients' information sharing and decision making on the internet.

Jin, X., **Blixen, C.**, & Chung, M. Treatment of palpitations with a natural herbal tea: A pilot study. Complimentary Therapies in Clinical Practice.

### **BOOK CHAPTERS IN PRINT**

Jin, X., & **Blixen, C.** (2004). Asian and Pacific Islanders. (pp. 423-431). In R. Lang & Hensrud, D. (Editors), Clinical Preventive Medicine. 2<sup>nd</sup> Edition, AMA Press

Aladesanmi, O., & **Blixen, C.** (2004). African Americans. (pp. 405-414) In R. Lang & Hensrud, D. (Editors), Clinical Preventive Medicine. 2<sup>nd</sup> Edition, AMA Press

## **REFEREED PRESENTATIONS**

Perzynski, A.T., Dawson, N.V., McCormick, R., Webster, N.J., **Blixen, C.**, Kanuch, S., and Thomas, C.L. (2008). Patterns of change for non-harmful/non-hazardous drinkers with  
Presented at the 31st Annual Meeting of the Society for General Internal Medicine, Pittsburgh, PA.

Stoller, E.P., Webster, N.J., **Blixen, C.E.**, McCormick, R.C., Hund, A., Perzynski, A.T., Kanuch, S.W., Thomas, C.L., Kercher, K., and Dawson, N.V. (2008). Responding to advice to curtail alcohol consumption: decision factors among nonabusing drinkers diagnosed with hepatitis C. Presented at the 31st Annual Meeting of the Society for General Internal Medicine, Pittsburgh, PA.

**Blixen, C.**, Webster, N., Stoller, E., Perzynski, A., Kanuch, S., McCormick, R., Hund, A. & Dawson, N. Use of Complimentary and Alternative Medicine (CAM) for Hepatitis C (HCV): Patients' Information Sharing and Decision Making on the Internet. Presented at Metrohealth/Case Research Festival, Cleveland, OH, September 27, 2006

**Blixen, C.**, Webster, N., Stoller, E., Perzynski, A., Kanuch, S., McCormick, R., Hund, A. & Dawson, N. Use of Complimentary and Alternative Medicine (CAM) for Hepatitis C (HCV): Patients' Information Sharing and Decision Making on the Internet. Presented at the 28<sup>th</sup> Annual Meeting of the Society for Medical Decision Making, Boston, MA. October 14-18, 2006.

Webster, N., Perzynski A, McCormick R, **Blixen C**, Kanuch S, Stoller E and Dawson N. Are Patient Characteristics Associated With Their Understanding of Physician Advice to Curtail Alcohol Use? Presented at the 28<sup>th</sup> Annual Meeting of the Society for Medical Decision Making, Boston, MA. October 14-18, 2006.

Perzynski, A., Kanuch, S., Webster, N., McCormick, R., Stoller, E., **Blixen, C.**, Terchek, J., and Dawson, N. Is Quitting Drinking The Same As Abstinence? Evidence From a Mixed Methods Study of Non-Dependent Drinkers with Hepatitis C. Presented at the 28<sup>th</sup> Annual Meeting of the Society for Medical Decision Making, Boston, MA. October 14-18, 2006.

**Blixen, C.**, Webster, N., Hund, A., Perzynski, A., Kanuch, S., Stoller, E., McCormick, R., & Dawson, N. (October, 2005), Mixed messages: What healthcare providers say and what patients hear about alcohol consumption and hepatitis C. 27<sup>th</sup> Annual Meeting of the Society for Medical Decision Making, San Francisco, California.

**Blixen, C.**, Singh, A., Thacker, H., Xu, M., & Mascha, E. (June, 2005). What women want: understanding obesity and preferences for primary care weight reduction interventions among African American and Caucasian women. The Annual Research Meeting, Academy Health, Boston, MA.

**Blixen, C., Hammel, J., Ivansek, N., Culver, D. & Kavuru, M. (May, 2005).** Patients's perceptions of a specialized sarcoidosis program. The American Thoracic Society (ATS) International Conference, San Diego, California.

Ford, P., **Blixen, C., Agich, G., Bingaman, W. & Wyllie, E. (2004).** Ethics consultations for epilepsy surgery candidates: A 15-year retrospective review. The 54<sup>th</sup> Annual Meeting of the Congress of Neurosurgeons. San Francisco, California.

Ford, P., **Blixen, C., Agich, G., Bingaman, W. & Wyllie, E. (2004)** Ethics consultations for Epilepsy Surgery Candidates: Change in patterns. 129<sup>th</sup> Annual Meeting of the American Neurological Association. Toronto, Ontario, Canada.

**Blixen, C., Agich, G., & Furlan, (2004)** Stroke patients' preferences and values about emergency research. The 5<sup>th</sup> World Stroke Congress, Vancouver, B.C., Canada.

Stoller, E., **Blixen, C., Perzynski, A., Tercheck, J., Kanuch, S., McCormick, R., & Dawson, N. (2004).** Patterns of alcohol consumption within the context of Hepatitis C. The Annual Research Meeting, Academy Health, San Diego, California.

Cameron, W., **Blixen, C., Boex, J., & Kavuru, M. (2004)** A preliminary investigation of the epidemiology of sarcoidosis in Northeast Ohio. The 2004 Annual Research Meeting, Academy Health, San Diego, California.

Terчек, J., Perzynski, A., Stoller, E., **Blixen, C., Kanuch, S., & Dawson, N. (2004)** What's in a name? Hepatitis as a generic term and the surrounding confusion. ." The 27<sup>th</sup> Annual Meeting of The Society of General Internal Medicine, Chicago, Ill.

Kanuch, S., Dawson, N., Perzynski, A., Stoller, E., **Blixen, C., & Terчек, J. (2004)** Hepatitis C patients: What do they really mean when they say "I quit drinking." The 27<sup>th</sup> Annual Meeting of The Society of General Internal Medicine, Chicago, Ill.

Perzynski, A., Terчек, J., Stoller, E., **Blixen, C., Dawson, D., Kanuch, S., & McCormick, R. (2004).** Playing the numbers: How hepatitis C patients use their medical test results. The Annual Research Meeting of The American Sociological Society, San Francisco, California.

Batur, P., **Blixen, C., Moore, H., Thacker, H. & Xu, M. (2003)** Menopausal Hormone Therapy (HT) in Patients With Breast Cancer. Poster presented at the 13<sup>th</sup> Annual Meeting of The North American Menopause Society (NAMS), Miami, Florida.

Hull, A., **Blixen, C., Doyle, W., Franco, K., Hall, J., Hutzler, J. & Wilson, E. (2003)** Mentor Commitment Predicts Student Interest in Medical Research Career. Poster presented at The 26<sup>th</sup> Annual Meeting of the Society of General Internal Medicine (SGIM), Vancouver, British Columbia.

Singh, A., **Blixen, C., Copeland, L., & Thacker, H. (2002)** Attitudes and Perceptions of Obesity and Weight Reduction Among African-American and Caucasian Women. Paper presented at The 25<sup>th</sup> Annual Meeting of the Society of General Internal Medicine (SGIM), Atlanta, GA.

Singh, A., **Blixen, C.**, Copeland, H., Thacker, M., Xu, E., & Mascha, E. (2002) A Cross Sectional Study of Women's attitudes and perceptions of obesity and barriers to weight reduction. Poster presented at the 10<sup>th</sup> Annual Congress on Women's Health & Gender-Based Medicine, Hilton Head, S.C.

Michota, F., **Blixen, C.**, Shermock, K., & Secic, M. (2001). To Err is Human: The Elderly at Risk. Poster presented at The 24<sup>th</sup> Annual Meeting of the Society of General Internal Medicine (SGIM), San Diego, CA.

Michota, F., **Blixen, C.**, Shermock, K., & Secic, M. (2001). The Innocence of Sleep? Medical Errors in the Hospitalized Elderly. Poster presented at The Fourth Annual Meeting of The National Association of Inpatient Physicians, Atlanta, GA.

**Blixen, C.**, & Hammel, J. (2000). A Nurse-Run Telephone Self-Management Program for Older Adults With Osteoarthritis (OA): A Pilot Study. Paper presented at The 53<sup>rd</sup> Annual Scientific Meeting of The Gerontological Society of America (GSA), Washington, DC.

**Blixen, C.**, Murphy, D., Ault, V., & Hammel, J. (1998). Feasibility of a Nurse-Run Asthma Education Program for Urban African Americans: A Pilot Study. Poster presented at The 15th Annual Meeting of The Association for Health Services Research (AHSR), Washington, DC.

**Blixen, C.**, Havstad, S., Tilley, B. & Zoratti, E. (1997). A Comparison of Healthcare Resource Use Between African Americans and Caucasians Hospitalized with Asthma. Poster presented at The 14th Annual Meeting of The Association for Health Services Research (AHSR), Chicago, Ill

**Blixen, C.**, Havstad, S., Tilley, B. & Zoratti, E. (1997). One Year Asthma-Related Healthcare Resource Use of HMO Members. Poster presented at The American Lung Association/ American Thoracic Society International Conference, San Francisco, California.

**Blixen, C.**, Kippes, C. & Bowlin, S. (1996). Osteoarthritis, Depression, and Quality of Life in Older Adults: A Pilot Study. Poster presented at The Gerontological Society of America's 49th Annual Scientific Meeting, Washington, DC

**Blixen, C.**, Tilley, B., Havstad, S. & Zoratti, E. (1996). Quality of Life, Medication Use, and Health Care Utilization of Urban African Americans Seen in Emergency Departments With Asthma. Paper presented at The American College of Allergy, Asthma & Immunology Annual Meeting, Boston, MA.

**Blixen, C.**, Havstad, S., Tilley, B. & Zoratti, E. (1996). Hospitalizations, Physician, and ED Visits of African Americans with Asthma. Paper presented at The Center for Medical Treatment Effectiveness Programs Scientific Meeting (MEDTEP), Henry Ford Health System, Detroit, MI.

**Blixen, C.**, McDougal, G. & Suen, L. (1995) Substance Abuse and Suicide in Homebound Elders With Mental Illness. Paper presented at The Gerontological Society of America's 48th Annual Scientific Meeting, Los Angeles, CA.

**Blixen, C., Douglas, S., & Bartucci, M. (1995).** Post-Transplant Clinical Outcomes and Medical Resource Use of Patients Identified as Noncompliant Before Kidney Transplant. Poster presented at the 12th Annual Meeting of the Association for Health Services Research (AHSR), Chicago, IL.

Wilkinson, L., **Blixen, C., Mallasch, N. & Douglas, S. (1995).** Mental Health Problems in Hospital Based Clinics: Patient Profile and Referral Patterns. Poster presented at the 12th Annual Meeting of the Association for Health Services Research (AHSR). Chicago.

**Blixen, C. & Douglas, S. (1995).** Clinical Outcomes and Use of Medical Resources After Kidney Transplantation: A Three Year Study. Paper presented at 19th Annual Research Conference of the Midwest Nursing Research Society. Kansas City, Missouri.

**Blixen, C. & McDougal, G. (1995).** Alcohol and Drug Problems Among Homebound Elderly. Paper presented for the International Institute of Nursing Research, Aula Magna, University of Padua, Pallazzo del Bo, Padua, Italy.

McDougal, G. & **Blixen, C. (1995).** A Content Analysis of Themes in Older Adults' Psychotherapy Session. Paper presented for the International Institute of Nursing Research, Aula Magna, University of Padua, Pallazzo del Bo, Padua, Italy.

Wilkinson, L., **Blixen, C., Mallasch, N. & Douglas, S. (1994).** Mental Health Problems in Hospital Based Clinics: Patient Profile and Referral Patterns. Poster presented at the 8th Annual Conference of the American Psychiatric Nurses Association, San Antonio, Texas.

**Blixen, C. & Douglas, S. (1994).** Use of Medical Resources After Kidney Transplantation: A Three Year Study. Poster presented at the 11th Annual Meeting of the Association for Health Services Research (AHSR), San Diego, CA.

**Blixen, C. & Wilkinson, L. (1994).** Detecting and Treating Depression in Older Adults: Implications for Educational Programs in Gerontology. Paper presented at the Association for Gerontology in Higher Education's (AGHE) 20th Annual Meeting, Cleveland, OH.

**Blixen, C. & Wilkinson, L. (1993).** Resource Use and Management of Depression in an Elderly Hospital Based Clinic Population. Paper presented at Sigma Theta Tau International Research Conference, Madrid, Spain.

**Blixen, C., Wilkinson, L. & Schuring, L. (1993).** Depressed Older Adults and Their Use of Specialty and Non-Specialty Psychiatric Services. Paper presented at the Midwest Nursing Research Society's 17 Annual Research Conference, Cleveland, OH

**Blixen, C., Wilkinson, L. (1993).** Depression in an Elderly Clinic Population: Findings from an Ambulatory Care Setting. Paper presented at the First Annual Primary Health Care of the Underserved Conference, Boston, MA.

**Blixen, C. (1992).** Intra-Group Differences in the Use of Hospital Based Outpatient Mental Health Services by the Elderly. Poster presented at Gerontological Society of America 45th Annual

Scientific Meeting, Washington, DC.

**Blixen, C.** (1992). Psychiatric Visits to General Hospital Clinics by Adults 65 and Older. Paper presented at International State of the Science Congress, Washington, DC.

**Blixen, C.** (1988). The Ambulatory Care Setting As the Mental Health Service Provider to Older Adults. Poster presented to the 41st Annual Scientific Meeting of the Gerontological Society of America, San Francisco, CA.

### **INVITED LECTURES, PRESENTATIONS & MEDIA ACTIVITIES**

**Blixen, C.** (2006). Using Qualitative Research Methods in the Palliative Care Setting. Department of Palliative Care, The Cleveland Clinic, September 21, 2006.

Interview by Kayce Ataiyero, Chicago Tribune. Sunday edition, July 23, 2006. *“What women want: understanding obesity and preferences for primary care weight reduction interventions among African American and Caucasian women.”*

**Blixen, C.** (2006). Gender, Racial, and Ethnic Issues in Obesity and Weight Loss. Obesity/Metabolic Syndrome Research Day. The Cleveland Clinic, May 13, 2006.

**Blixen, C.** (2006) Using Qualitative Research Methods in the Healthcare Setting. K12 Scholars Seminar, The Cleveland Clinic, Cleveland, OH

**Blixen, C.** (2005) What women want: understanding obesity and preferences for primary care weight reduction interventions among African American and Caucasian women. Panel Presentation on “Obesity and Ethical Responsibility: Personal V. Public.” The Bioethics Center at Cleveland State University, Cleveland, OH

Journal Interview, IRB Advisor, “Stroke patients’ preferences and values about emergency research,” December 2005, pp139-140

**Blixen, C.** (2005) Combining Quantitative and Qualitative Methods in Health Services Research. The Department of Quantitative Health Sciences, The Cleveland Clinic Foundation, Cleveland, OH.

**Blixen, C., Singh, A., Thacker, H., Xu, M., & Mascha, E.** (2005). What women want: understanding obesity and preferences for primary care weight reduction interventions among African American and Caucasian women. Grand rounds presentation at EXCEED/RICMAR Health Disparities Center, Medical University of S. Carolina, Charleston, SC.

**Blixen, C.** (2004) The Elements of Writing a Research Proposal. Presentation at Research Grand Rounds, The Cleveland Clinic Foundation, Cleveland, OH.

**Blixen, C.** (2003) A Toolbox for Constructing an NIH Grant Proposal. Presentation at the Nuts and Bolts of Grantsmanship, The Cleveland Clinic Foundation, Cleveland, OH

**Blixen, C.** (2003) Steps in Writing an NIH Grant Proposal. Presentation at Research Grand Rounds, The Cleveland Clinic Foundation, Cleveland, OH.

**Blixen, C.** (2002). Understanding Health Behavior and Readiness to Change. Seminar Presented for Case Managers, Anthem Blue Cross, Blue Shield, Worthington, OH

**Blixen, C., Hammel, J.** (1999). Osteoarthritis Self-Management for Older Adults: A Pilot Study. Paper presented at Monthly Conference on Topics in Geriatric Medicine, VA Medical Center, Cleveland, OH.

**Blixen, C., Murphy, D., Ault, V., & Hammel, J.** (1998, September). Feasibility of a Nurse-Run Asthma Education Program for Urban African Americans: A Pilot Study. Poster presented at Conference on Improving Health Outcomes in Diverse Populations: Building on the MEDTEP Experience, Washington, DC.

Blixen, C. (1998, April). The State of Health Care Delivery in the United States or How We Got Into This Mess and What Are We Doing About It. Paper presented at Beyond the 90's: Defining the Future of Health Care in the New Millennium. The Cleveland Clinic Foundation, Cleveland, OH.

Blixen, C. (1994, June). Measuring Quality of Care: The Next Step in Research Utilization. Paper presented at a conference on "Utilizing Nursing Research" sponsored by The Cleveland Clinic Foundation and Sigma Theta Tau International, Region IV, Cleveland, OH.

Blixen, C. (1993, June). Detection and Management of Depression in the Elderly. Paper presented at the Sixth Annual Gerontological Nursing Conference, Washington, DC.

Blixen, C. (1993, June). Assessing and Treating Mental Health Problems in the Geriatric Patient. Paper presented at the Sixth Annual Gerontological Nursing Conference, Washington, DC.

Blixen, C. (1993, March). Depression in the Elderly: Implications for Practice. Paper presented at conference on "Caring for Older Adults: Practical Approaches to Mental Health Issues," Toledo, OH.

Blixen, C. (1992, November). Clinical Management of Depression in the Elderly. Paper presented at Symposium on Depression in the Elderly: Pathogenesis and Clinical Management. The Gerontological Society of America 45th Annual Scientific Meeting, Washington, DC.

Blixen, C. (1992, October). Assessing the Mental Health of Older Adults: Promoting Positive Status. Paper presented at the 7th Annual National Education Conference in Advances in Gerontological Nursing, Las Vegas, Nevada.

**Blixen, C. & Morris, D.** (1992, June). Issues in Mental Health. Workshop presented at Florence Cellar 10th Anniversary Gerontology Conference, Cleveland, OH.

Davies, A., Meterko, M., **Blixen, C.** & Ware, J. (1990, November). A Videotape Study of Patient Ratings of Health Care. Paper presented at Symposium on Quality of Care Research, Boston, MA.

Greenfield, S. & **Blixen**, C. (1990, November) The Impact of Algorithms on Physician Care and Outcomes. Paper presented at Symposium on Quality of Care Research, Boston, MA.

Blixen, C. (1990, June). Mental Health Issues in an Aging Population. Workshop presented at Boston University Summer Institute in Gerontology, Boston, MA.

Blixen, C. (1987, April). Issues in Geriatric Mental Health Care. Paper presented at Conference on Aging and Mental Health Systems Development in New England, Providence, RI.

## **RESEARCH PROPOSALS FUNDED**

Principal Investigator

“Community Values in Emergency Research for Stroke (COVERS): A Pilot Study  
The Research Programs Committee (RPC) of The Cleveland Clinic Foundation (\$1,640) Funded  
July 22, 2003-7/22/04

Principal Investigator

“Attitudes and Expectations of the Mentoring Relationship in Clinical Research Training”.  
General Clinical Research Center (GCRC) of The Cleveland Clinic Foundation —Funded  
11/21/03-11/21/04

Co-Investigator

“Retrospective Review of Ethics Consultations for Epilepsy Surgery Candidates at The Cleveland  
Clinic Foundation. The Research Programs Committee (RPC) of The Cleveland Clinic Foundation  
(\$6,600) Funded November, 2003

Paul Ford, PhD, PI

Co-Investigator

“Sarcoidosis Center of Excellence (SCOE) at The Cleveland Clinic Foundation”  
DHHS-Office of Minority Affairs---(\$2,000,000). Funded 10/02—10/05

Mani Kavuru, MD, PI

Principal-Investigator (sub-contract to Metrohealth Medical Center).

“Alcohol Reduction in Medical Illnesses: HCV as Prototype.”

NIAAA, (\$3,000,000-five years). Funded 10/1/02 – 9/30/07

Neal Dawson, MD, PI

Co-Investigator, An Interprofessional Practice Fellowship in Chronic Disease Management.  
Anthem Blue Cross and Blue Shield. (\$25,000) Funded 7/99—7/2000.

Principal Investigator, A Self-Management Program for Elders with Osteoarthritis: A Pilot Study.  
National Institutes of Aging (NIA) (\$72,236) Funded 9/30/98-8/31/99.

Principal Investigator, "Assessing the feasibility of a nurse-run asthma medication  
education/empowerment program for African Americans". Glaxo-Wellcome, Inc. (\$20,000).  
Funded 2/97

Principal Investigator, "A Comparison of African Americans and Caucasians Seen in Emergency Departments for Asthma." Frances Payne Bolton School of Nursing, Case Western Reserve University (\$5,000) Funded 8/96.

Co-investigator, "Barriers to effective care of hemodialysis patients."  
Principal Investigator: Ashwini Seghal, M.D. NIADDK (\$425,559) Funded 1/96.

Principal Investigator, "Quality of life, medication use, and healthcare utilization in urban African Americans with asthma: A pilot study." Medical Treatment Effectiveness Program (MEDTEP) Grant #U01HSO7386 of the Agency for Health Care Policy and Research Funded 7/95.

Principal Investigator, "Rehospitalizations and use of outpatient healthcare facilities among urban African Americans and Caucasians with asthma. Medical Treatment Effectiveness Program (MEDTEP) Grant #U01HSO7386 of the Agency for Health Care Policy and Research Funded 7/95.

Principal Investigator, "Arthritis & Depression: Quality of Life of Older Adults." Sigma Theta Tau International, Inc./American Nurses' Foundation Research Award (\$6,000). Funded 10/94--9/95.

Principal Investigator, "Use of Medical Resources After Kidney Transplantation: A Three Year Study." Case Western University (\$5,000). Funded 1/92-12/92.

Principal Investigator, "Resource Use and Management of Depression in an Elderly Hospital Based Clinic Population: A Pilot Study." NINR #SO7RR05947-07 (\$3,000). Funded 12/91-6/92.

Principal Investigator, "The Ambulatory Care Setting as the Mental Health Service Provider to Older Adults." NIMH/NHSRA. Funded 1987-1989.

Co-Investigator, "Mental Health Problems in Hospital Based Clinics: Patient Profile and Referral Patterns." Margaret Schlitz Memorial Nursing Research Award, Delta XI Chapter, Sigma Theta Tau Laura Wilkinson, RN, MSN, CS, Principal Investigator. (\$1,000) Funded 1/93.

Co-Investigator, "Research and Service Programs in the Public Health System: Challenges in Organization." Institute of Medicine, Washington, DC, Funded, 1991.

Co-Investigator, "A Videotape Study of Patient Ratings of Healthcare." Harvard Community Health Foundation, John Ware, PhD, Principal Investigator (\$50,000) Funded 7/89.

Co-Investigator, "The Impact of Algorithms on Physician Care and Outcomes." Harvard Community Health Foundation (\$50,000). Sheldon Greenfield, MD, Principal Investigator. Funded 7/89.

## **HONORS**

2006-Secondary Appointment at The Center for Clinical Investigation at CWRU  
2006-Appointed, Associate Professor of Medicine Department of Medicine  
Cleveland Clinic Lerner College of Medicine of Case Western Reserve University  
Cleveland, OH  
2006- Manuscript Reviewer, Journal of Medical Ethics  
2006: Elected to “Who’s Who in Medicine and Healthcare”  
2005- Member, GCRC Advisory Committee (GAC)  
2005: Manuscript Reviewer, American Journal of Preventive Medicine  
2005-: Manuscript Reviewer, Stroke  
2005: Member, Panel Review Committee, Academy Health Annual Research Meeting  
2005- Manuscript Reviewer, Research in Nursing and Health  
2004- Manuscript Reviewer, Ad Hoc: Medical Decision Making  
2003- Manuscript Reviewer, Ad Hoc: Health Psychology  
2001- Manuscript Reviewer, Ad Hoc: Journal of Nursing Education  
2001- Manuscript Reviewer, Ad Hoc: Journal of Health Care for the Poor and Underserved  
2001: Associate Researcher, I.H. Page Center for Outcomes Research. Cleveland Clinic Foundation  
1999-Member, Proposal Selection Committee, Aetna/SmithKline Beecham Quality Care Research Fund  
1995 (July) Clinical Scholar in-Residence, Medical Effectiveness Treatment Program (MEDTEP) Henry Ford Health System, Detroit, MI  
1995- Present Manuscript Reviewer, Nursing Research  
1994- Sigma Theta Tau International/American Nurses' Foundation Scholar  
1994- Present: Manuscript Reviewer, Journal of the American Psychiatric Nurses Association  
1994- 2002: Manuscript Reviewer, Journal of Psychosocial Nursing  
1991-1997: Member, Sigma Theta Tau-Alpha MU  
1986- 1988: Recipient of National Institute of Mental Health (NIMH) National Research Service Award  
1978- 1979: Recipient of National Institute of Mental Health (NIMH) Training Grant

## **STATE LICENSURE**

Ohio

## **PROFESSIONAL ORGANIZATIONS**

Society for Medical Decision Making  
Academy Health (formerly Association for Health Services Research)  
-Member of Gender and Health Interest Group, 2004/2005  
-Member of Panels Review Committee for 2005 Annual Research Meeting.  
American Public Health Association (APHA)

## **CLEVELAND CLINIC ACTIVITIES**

- Presented at Department of Palliative Care, “*Using Qualitative Research Methods in the Palliative Care Setting.*” September 21, 2006, The Cleveland Clinic

- Member of Quality Improvement Team, Department of Quantitative Health Sciences
- Presented at K12 Scholars Seminar. “*Using qualitative research methods in the healthcare setting.*” April 21, 2006, The Cleveland Clinic, Cleveland, OH
- Member of CTSA Working Group #7, 2006
- Faculty, Conference on Pediatric Ethics: Setting an Agenda for the Future. “*Consent for Research in the Emergency Context.*” September 9-11, 2005, Intercontinental Hotel, Cleveland, OH
- Member, General Advisory Council (GAC) of the GCRC, 2005-present
- Member Search Committee for Nurse Ethicist, Department of Bioethics, 2005
- Member, Retreat Task Force, Department of Quantitative Health Sciences, 2005
- Participated in Office of Profession Staff Affairs (OPSA) staff “Focus” group dinner, Foundation House, May 12, 2004
- Presented at The General Clinical Research Center Mentor Development Meeting, Foundation House, March 24, 2004. “The Characteristics of Successful Mentors and the Mentor-Protégé Relationship.”
- Member, GCRC Mentor Development Committee-(2004-present)
- Faculty, Cleveland Clinic Lerner College of Medicine at CWRU-(2004-present)
- Member, General Internal Medicine Research Oversight Committee (2000 to 2002)
- Coordinator, General Internal Medicine Research Conferences (2000 to 2002)
- Member, General Internal Medicine Executive Fellowship Committee (2000 to 2002)
- Director of Research, General Internal Medicine/Women’s Health Fellowship (2000 to 2002)
- Member, Jewish Community Housing Board of Trustees ((1999 to 2003)
- Chair, Nursing Research Committee (1997 to 1999)
- Member, I.H. Page Center for Health Outcomes Research (1997 to 2000)
- Member, Cultural Diversity Committee (1997 to 2004)

### **CLEVELAND CLINIC LERNER COLLEGE OF MEDICINE AT CASE WESTERN RESERVE UNIVERSITY**

- Participated in the “*The Essentials of Problem Based Learning*” class at the Cleveland Clinic, March 6, 2007
- Course Instructor, “Introduction to Clinical Research and Proposal Development,” (CMED401), January-May, 2007
- Member, dissertation committee of Andrew Hund, PhD candidate, Department of Sociology, Case Western Reserve University
- Thesis Advisor, CCLCM student, Alida Gertz
- Participated in the “Essentials of Clinical and Classroom Teaching Mini Retreat,” Foundation House, October 9, 2006
- Clinical Research Mentor for second year CCLCM Student, Alida Gertz, Summer, 2006
- Co-taught course for third year CCLCM students, “Tools for Patient Outcome Research,” July 21, 2006
- Attended CCLCM Faculty Retreat, June 8, 2006
- Attended CCLCM Faculty Forum, June 15, 2006
- Attended CCLCM Curriculum Review Focus Group Meeting, April, 2006
- Participated in the CCLCM Annual Education Retreat “Curriculum Transformation,” March

- 3, 2006 at HealthSpace Cleveland
- Participated in the CCLCM Annual Education Retreat “The Student Assessment Process,” November 3, 2005 at Landerhaven.
  - Clinical Research Mentor for second year CCLCM Student, Kate Golski, Summer, 2005
  - Participated in The CCLCM Faculty Education Retreat, February, 25, 2005 at Landerhaven
  - Group Facilitator in Basic & Translational Summer Research Block for first year CCLCM Students, 2004

### **SCHOOL AND UNIVERSITY ACTIVITIES (Case Western Reserve University)**

- Lecturer, “Introduction to Clinical Research,” Summer Series, July 7-28, 2008  
The Clinical Research Scholars Master’s Degree Program (CRSP)
- Faculty Advisor for 8 MSN Students FPB School of Nursing (1994-1997)
- Faculty Advisor for 5 PhD Students FPB School of Nursing (1992-1997)
- Chairman 2 ND Thesis Committees FPB School of Nursing (1995-1997)
- Committee member 1 ND Thesis Committee FPB School of Nursing (1997)
- Chairman 1 PhD Dissertation Committee FPB School of Nursing (1996)
- Member, 4 PhD Dissertation Committees FPB School of Nursing (1992-1996)
- Member, FPB School of Nursing PhD Admissions Committee (1996-97)
- Member, FPB School of Nursing Research Committee (1995-1997)
- Member, FPB School of Nursing Executive Committee (1994-1996)
- Member, FPB School of Nursing Curriculum Committee (1992-1994)
- Member, FPB School of Nursing Awards Committee (1992-1994)
- Member, FPB School of Nursing Student Appeals Board (1993-1995)
- Member, CWRU Faculty Senate (1995-1997)
- Member, CWRU Faculty Senate Research Committee (1995-1997)
- Member, CWRU Undergraduate Curriculum Committee (1993-1995)
- Member, CWRU Public Policy Executive Committee (1992-1997)
- Member, CWRU Women's Faculty (1992-1997)

### **COURSES TAUGHT (Case Western Reserve University) 1991-1997**

Research Methods: (Undergraduate students)

Psychosocial Concepts in Healthcare: Theory and Research (Doctoral students)

Health Care Policy, Planning & Information Management Systems (Master’s and Doctoral Students)

Health Care Policy Seminar: (Master’s and Doctoral students)